

SPICY KETCHUP



Ingredients:

1/4 cup olive oil
1 cup diced onion
3 T minced garlic cloves
3 6 oz cans tomato paste
1 3 oz. can chipotle chilies
Salt

Directions:

Preheat oven to 375. Heat olive oil in an ovenproof saucepan or skillet. Add onion and garlic and sauté over medium heat for 5-6 minutes. Stir in the tomato paste and chipotle chilies, cover with a lid or foil and place in oven for 1 hour.

Remove from oven and let cool. Puree in a blender until smooth. Add salt. Keep in refrigerator in airtight container for up to 6 months.